

## South West MS Network – Proposed Project Activities Grid

At the six work stream meetings held in Jan 2020 there were key activities proposed for each work stream. These are not necessarily all the activities that would be required to deliver the full project vision. However, each provided a step forward to start realising the benefits of developing a networked approach – a number of the activities benefitted multiple work streams.

This document summarises these activities in terms of principal actions and outcomes and allows individuals to confirm their priority for these initiatives. Each action needs further development and articulation and these will be led by identified members of the group.

In addition to the work involved to deliver the project outlines below, there will be a communications plan to engage with expert patients, key stakeholders from the NHS Trusts and to continue our partnership with NHS Rightcare.

Work Stream Origination	Action Title	Action Purpose/ Outcome(s)	Linked Work Streams	Priority (H/M/L)	Cost (H/M/L)	NHS Rightcare Links*
Clinical Management Platform (CMP):	Review comparable systems	<p><b>Action:</b> Engage with the Kent&amp; Medway Cancer Collective to explore their system development</p> <p><b>Outcome(s):</b> Learn from a comparable development where one CMP is used across 5 different NHS trusts.</p>	CR; MDT; PA; CP	High	Low	Better use of data and technology
	Torbay MS System Demo	<p><b>Action:</b> To share development of MS System in Torbay with wider stakeholder group. To include key representatives from across the system – all MS Centres, AHP, Clinical Research representatives</p> <p><b>Outcome(s):</b> To help gain consensus on system specification</p> <p>Ensure that opportunities to use the system to support all work streams is considered.</p>	CR; MDT; PA; CP	High	Low	Better use of data and technology

	Action Title	Action Purpose/ Outcome(s)	Linked Work Streams	Priority (H/M/L)	Cost (H/M/L)	NHS Rightcare Links*
	IT Consultancy	<p><b>Action:</b> To engage an IT Consultant to complete an assessment of potential CMP systems, engage with local NHS IT Departments on project opportunities and challenges and identify other system adoption requirements/challenges.</p> <p><b>Outcome(s):</b> A defined project proposal for consideration and investment.</p>	CR; MDT; PA; CP	High	Medium	Better use of data and technology
Patient Activation (PA)	Signposting Hub	<p><b>Action:</b> Develop a plan for role(s) and on-line service for improving patient information about support networks/services in the region as agreed in the meeting. Review Best Practice/similar resources from other clinical areas.</p> <p>Seek input from expert patient panel.</p> <p><b>Outcome(s).</b> A defined, costed project brief that articulates costs/benefits and would be the basis for a collaborative project application. Produce case for creating a role to map services (incl. community based services) and maintain up to date information for patients.</p> <p>Develop an infrastructure that will support investments in Patient Activation</p> <p>Reduced demands on clinical teams for supporting</p>	CMP; CP; WE; CR	High	Medium	<p>Comprehensive access to holistic support</p> <p>Better use of data &amp; technology</p>

Action Title	Action Purpose/ Outcome(s)	Linked Work Streams	Priority (H/M/L)	Cost (H/M/L)	NHS Rightcare Links*
Look at models of PA and linking to the CMP	<p><b>Action:</b> Explore integration of Patient Activation Measurement in to the CMP Seek input from expert patient panel</p> <p><b>Outcome(s):</b> Establish a model of identifying pwMS who need more proactive support. Maximise the value of the CMP and effectiveness of the MS Pathways and efficiency of staff time.</p>	CMP; CP; WE; CR	Medium	Low	<p>Comprehensive access to holistic support</p> <p>Better use of data &amp; technology</p>
First Step Days pilot	<p><b>Action:</b> Develop and evaluate a pilot MS Version of the First Steps programme to support people recently diagnosed with MS. Seek input from expert patient panel</p> <p><b>Outcome(s):</b> Stimulating and effective way to deliver key message for self-management Introduce non-clinical support for people with MS Help improve peer support networks for people with MS</p>	CMP; CP; WE; CR	Medium	Medium	<p>Comprehensive access to holistic support</p> <p>Better use of data &amp; technology</p>
Technology Appraisal	<p><b>Action:</b> Complete a review of MS relevant technology that can support people with MS and their networks. Seek input from expert patient panel</p> <p><b>Outcome(s):</b> A useful independent guide for the MS Network to share clear guidelines on available technology and its potential value in supporting people with MS. Identify apps that would be suitable for integration with CMP. Improved understanding of available technology to support people with MS.</p>	CMP; CP; WE; CR	Medium	Medium	<p>Comprehensive access to holistic support</p> <p>Better use of data &amp; technology</p>

	Action Title	Action Purpose/ Outcome(s)	Linked Work Streams	Priority (H/M/L)	Cost (H/M/L)	NHS Rightcare Links*
Improved and Consistent Pathways (CP)	Consensus Development	<p><b>Action:</b> To build on work steam meeting and finalise consensus documents that are acceptable to clinical teams across the region for:</p> <p>To include review of new pathways developed at other centres – i.e. Frimley</p> <ul style="list-style-type: none"> <li>• [insert areas]</li> <li>• Diagnosis</li> <li>• Treatment Paradigms</li> <li>• Regular Reviews</li> <li>• Relapse pathway</li> <li>• Transition from Paediatrics to Adult MS Services</li> </ul> <p>Identify the barriers/opportunities for adoption of the regional consensus documents and strategies toward implementation.</p> <p>Seek input from expert patient panel.</p> <p><b>Outcome(s):</b> A review of current practice and a clear set of documents that establish the principles of a best practice service for all people with MS across the South West.</p> <p>Create proposal document to identify barriers/opportunities and propose investment or changes in practice to deliver service change. This will link to various other work streams.</p>	CMP; MDT	High	Low	<p>Comprehensive access to holistic support</p> <p>Better use of data &amp; technology</p> <p>Improved DMD administration</p>

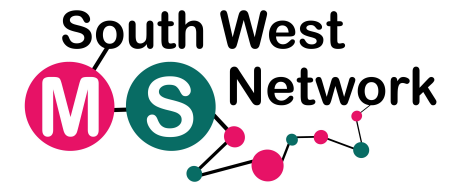
	Action Title	Action Purpose/ Outcome(s)	Linked Work Streams	Priority (H/M/L)	Cost (H/M/L)	NHS Rightcare Links*
	AI integration	<p><b>Action:</b> To explore potential provision of an AI solution that could enhance delivery of diagnosis/monitoring pathways and regional MDT by increasing review capacity.</p> <p><b>Outcome(s):</b> Establish potential pilot plan for use of AI image review to resolve current radiology challenges. Identified routes to funding and other resources for AI pilot.</p>	CMP; MDT	High	Medium	<p>Comprehensive access to holistic support</p> <p>Better use of data &amp; technology</p> <p>Improved DMD administration</p>
21 <sup>st</sup> Century MDT (MDT)	Pilot Regional MT /Sprint Design Session	<p><b>Action:</b> Organise a session to review complex cases/treatment decisions from regional centres.</p> <p>To deliver (ideally after the MDT) a facilitated sprint session to formalise the regional MDT, decision making processes and pathways from local MDTs agreed in the work stream meeting.</p> <p><b>Outcome(s):</b> A clear understanding of whether the regional MDT would work in practice.</p> <p>A clear model of MDT decision making protocols that maximises the use of time to discuss complex cases.</p> <p>A consistent regional model of MDTs which have a true multi-disciplinary input in to decision making for a full range of scenarios.</p>	CP; CMP;	High	Low	Formalised MDTs across specialised teams

	Action Title	Action Purpose/ Outcome(s)	Linked Work Streams	Priority (H/M/L)	Cost (H/M/L)	NHS Rightcare Links*
Workforce & Education (WE)	MS Workforce Modelling	<p><b>Action:</b> Completion of workforce audit for roles that support people with MS. Specialist review of audit to identify threats and opportunities.</p> <p><b>Outcome(s)</b> Clear understanding of resources/roles to support people with MS. Articulation of risks/challenge to key stakeholders (STP, CCG, Trusts) - linked to requests for investment/support. Identify to reallocate roles across the wider HCP and administration team and third sector to use resources as effectively as possible. Identify potential for teams to support other opportunities, for example research/service development.</p>	CP; PA	High	Low	Comprehensive access to holistic support
	Nurse Succession	<p><b>Action:</b> Formalise the discussed plan for MS Specialist Nurse knowledge transfer, support and development of new Nurses to establish succession planning</p> <p><b>Outcome(s):</b> Recruitment of new nurses to help minimise the impact of upcoming MS Nurse retirements. Address threats to service and quality of care.</p>	CP	High	Low	Comprehensive access to holistic support

	Action Title	Action Purpose/ Outcome(s)	Linked Work Streams	Priority (H/M/L)	Cost (H/M/L)	NHS Rightcare Links*
	MS for Non-MS Specialists	<p><b>Action:</b> To work with Devon Training Hub to arrange sessions for non-MS clinical colleagues to increase understanding of MS Services/Pathways and Key issues. Seek input from expert patient panel.</p> <p><b>Outcome(s):</b> Increased awareness of MS Pathways and support in non-MS Specialists. Improved relationships with other services, in particular primary care. Dialogue about opportunities to work differently – with PCNs etc</p>	CP	Medium	Low	Comprehensive access to holistic support
Co-ordinated Research (CR)	Regional Research Co-ordination	<p><b>Action:</b> Explore the value of CRN, including a new blog to help share and co-ordinate Clinical and Academic trial opportunities Use of CMP and links to other systems to develop a regional research cohort and communicate research opportunities for accurate feasibility and improved recruitment.</p> <p><b>Outcome(s):</b> Less duplication or missed opportunities for participation in research studies.</p>	CMP; WE;	High	Low	Better use of data & technology

	Action Title	Action Purpose/ Outcome(s)	Linked Work Streams	Priority (H/M/L)	Cost (H/M/L)	NHS Rightcare Links*
	Regional Trial Promotion to pwMS	<p><b>Action:</b> Use of web, social media and other networks (for example PA resources, MS Centres and other partners to help share information about local research opportunities.</p> <p>Seek input from expert patient panel.</p> <p><b>Outcome(s):</b>Better awareness of opportunities to engage in research for all people with MS in the region</p> <p>Better recruitment increasing potential for future trials and income generation</p>	CMP; WE;	High	Low	Better use of data & technology
	Work through potential hub and spoke methodologies	<p><b>Action:</b> To establish a group of like-minded people to explore how presented trial opportunities could use a hub-spoke, mobile research facility (or other model) to deliver research across the region,</p> <p><b>Outcome(s):</b> A clear identification if this approach is feasible or not to try and deliver the aspirations of the network.</p>	CMP; WE;	Medium	Low	Better use of data & technology
	Wider MS Research Teams	<p><b>Action:</b> Use workforce audit/development work to identify potential to increase capacity in the research community</p> <p>Promote the value of research engagement across teams/network partners to grow research capacity.</p> <p><b>Outcome(s):</b> Increased capacity to deliver research, hopefully in a wider number of localities</p>	CMP; WE;	Medium	Low	Better use of data & technology





### **\*NHS Rightcare Toolkit System Improvement Priorities**

1. Formalised MDTs across specialised teams
2. Better use of data and technology
3. Improved DMT administration
4. Comprehensive access to holistic support

### **Related NICE Quality Standards**

1. Shared Decision making
2. Referral & Diagnosis
3. Symptom Management
4. Multidisciplinary teams
5. Mental Health Support

If you are interested in engaging in the project or feel that you can contribute to the development of any of the project activities we would be delighted to hear from you. Please contact us at [network@southwestMS.org](mailto:network@southwestMS.org)