

Web-Based App for Patients to Self-Manage their COPD

Year on year admissions into hospital with COPD is increasing. COPD is predicted to be the world's largest killer by 2030.

myCOPD, by MyMHealth, is a digital application that provides online education, self-management, symptom reporting and a pulmonary rehabilitation system to patients.

myCOPD is a 24-hour management app which enables patient self-management, education, inhaler technique training and a pulmonary rehabilitation course online. The real-time patient symptom tracking feature allows you to track a patient's symptoms over time, deliver an intervention and decide if this intervention is working.

myCOPD can be used instead of face-to-face rehabilitation classes and has been shown to help correct inhaler errors.

For more information, please contact kim.morrissey@swahsn.com



Patient Care	Reduces exacerbations and hospital admissions /readmissions. Inhaler techniques can be corrected with no clinical interaction.
No Cost	Order it directly from the supplier at no cost. NHS England will reimburse the supplier.
Accessible	Access the app on almost any device that connects to the internet.



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